

The Flemmyng Restaurant

While you wait

Kalamata & Sicilian olives £4.95

Homemade bread, herb butter, olive oil & vinegar (G,Mi) £6.95

Starters

Soup of the day – GF/DF option available
bloomer bread
£5.95 (Ce,G,Mi,(V,Vg))

Haggis Bon Bons
creamed potatoes, peppercorn sauce
£7.95 (E,G,Mi)

Scottish Smoked Salmon
lemon crème fraîche, mixed salad, pickled beetroot
£7.95 (F,Mi,Mu)

Chicken Liver Paté
caramelised onion chutney & toasted crostini
£7.95 (Ce,Mu,Sd,Mi)

Baked Camembert – GF option available
onion chutney, garlic ciabatta
£9.95 (G,Mi,Mu,V)

Chicken Tempura – GF
Asian slaw, sweet chilli
£7.95 (Mu,Se,So,V)

Cauliflower Wings
Asian BBQ sauce, super-beet kimchi
£7.95 (So,V,Vg,Se)

Mozzarella Sticks & Salsa Dip
£3.95 (G,Mi,V,So,E,Mu)

Mains

Pan Seared Fish of the Day – GF
sauteed potatoes, savoy cabbage, lemon butter sauce & crispy kale
£18.95 (F,Mi,E)

Roast Chicken Breast – GF available
bacon wrapped chicken, potato puree & peppercorn sauce, seasonal vegetables
£18.95 (E,G,Mi)

Sirloin Steak – GF
mushroom, roasted tomato, chunky chips & peppercorn sauce
£26.95 (Ce,Mi)

Pork Loin – GF
tender stem broccoli, diced new potatoes, mixed vegetables & red wine jus
£21.95 (Mi,Sd,Ce)

Steak & Ale Pie
creamed potatoes, seasonal vegetables, puff pastry & rich gravy
£18.95 (Ce,E,G,Mi,Sd)

Arrabbiata Pasta
roasted tomato, arrabbiata sauce with a hint of chilli
£16.95 (G,Sd,Mi)

Mushroom Risotto & Spinach – GF
garlic sauteed mushroom, wilted spinach, basil dressing (vegan option available)
£17.95 (Mi,Ce,V)

Cajun Chicken or Beef Burger
cheddar cheese, bacon, salad, coleslaw & chips
£16.95 (E,G,Mi)

Vegan Burger
vegan cheddar cheese, salad, chips & relish
£16.95 (G,So,V,Vg)

Sides

Mixed Salad (Mu) £3.95 GF
Chunky Chips £3.95 GF
Tempura Onion Rings £3.95 GF

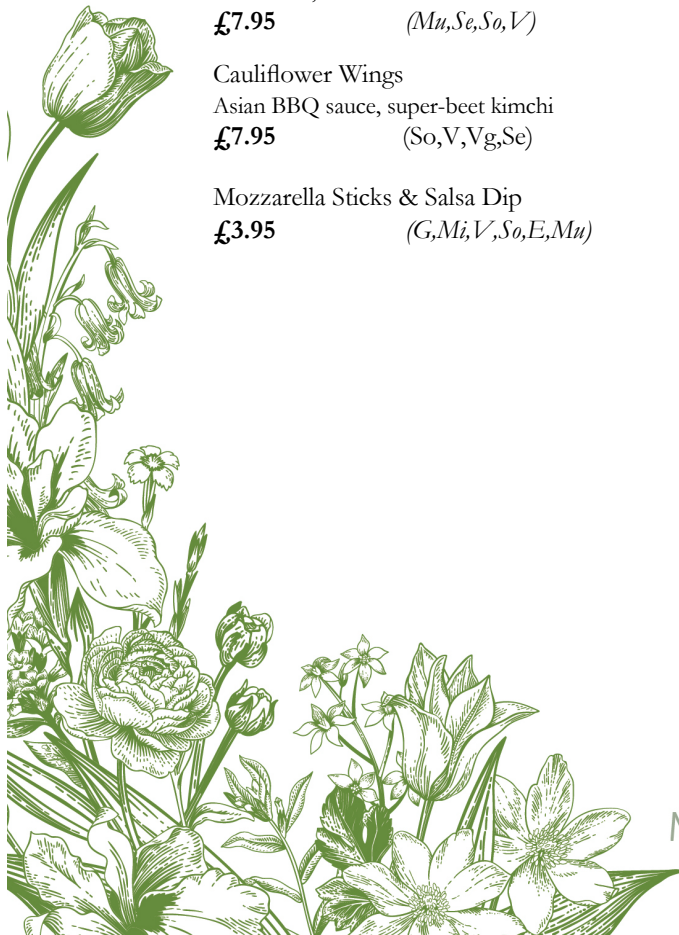
ALLERGENS

Dishes are prepared in our kitchens where all types of ingredients are used. Whilst care is taken, the use of shared equipment means we can't guarantee that your food and drink will be entirely free from allergen contact.

Celery - Ce, Crustaceans - Cr, Eggs - E, Fish - F, Gluten - G, Lupin - Lu, Milk - Mi, Molluscs - Mo, Mustard - Mu, Nuts - N, Peanut - Pnut, Sesame Seeds - Se, Soya - So, Sulphur Dioxide - Sd

Vegetarian – V, Vegan - Vg

MONESS



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Desserts

Moness Brownie
vanilla ice cream
£6.95 (E,G,Mi)

Salted Caramel Profiteroles
Chantilly cream & butterscotch sauce
£7.95 (E,G,Mi)

Sticky Toffee Pudding
vanilla ice cream
£7.95 (E,G,Mi)

Cheesecake of the Day
ice cream or whipped cream & berry compote
£7.95 (G,Mi)

Mango & Raspberry Sorbet – GF
£5.95 (may contain dairy)

Affogato - GF
fresh steaming espresso, vanilla ice cream
£7.95 (Mi,E)



MONESS