

## Desserts

**Moness Brownie**

vanilla ice cream (E, G, Mi)

£6.95

**Salted Caramel Profiteroles**

Chantilly cream, butterscotch sauce (E, G, Mi)

£7.95

**Tiramisu**

whipped cream (Mi, G, E, Sd)

£7.95

**Lemon Posset**

homemade shortbread (Mi, G)

£7.95

**Rhubarb & Ginger Slice - GF**

rhubarb gel (So, Vg)

£7.95

**Sticky Toffee Pudding**

vanilla ice cream (E, G, Mi)

£7.95

**Cheesecake of the Day**

whipped cream, berry compote (G, Mi, Sd)

£7.95

**Mango & Raspberry Sorbet – GF**

£5.95

**Affogato – GF**

fresh steaming espresso, vanilla ice cream (Mi)

£7.95

**Cheese Board – GF option available**

Morangie brie, Blue Murder, smoked cheddar (Mi, G)

£9.95

# The Flemmyng Restaurant



MONESS

Tel.: 01887 822 100  
[www.moness.com](http://www.moness.com)

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## While you wait

<b>Kalamata &amp; Sicilian olives</b> (Sd)	<b>£4.95</b>
<b>Homemade bread, herb butter, olive oil &amp; vinegar</b> (G,Mi)	<b>£6.95</b>

## Starters

<b>Soup of the day</b> – GF & Dairy Free options available bloomer bread (G, Mi, Ce)	<b>£5.95</b>
<b>Scottish Mussels</b> – GF white wine & garlic sauce (Mi, Mo)	<b>£9.95</b>
<b>Haggis Bon Bons</b> creamed potatoes, peppercorn sauce (E, G, Mi)	<b>£7.95</b>
<b>Scottish Smoked Salmon</b> lemon crème fraiche, mixed salad, pickled beetroot (F, G, Mi, Sd)	<b>£7.95</b>
<b>Chicken Liver Paté</b> caramelised onion chutney & toasted crostini (Ce, G, Mu, Sd)	<b>£7.95</b>
<b>Baked Camembert</b> – GF option available onion chutney, garlic ciabatta (G, Mi, Mu, Sd, V)	<b>£9.95</b>
<b>Chicken or Halloumi Tempura</b> – GF option available Asian slaw, sweet chilli (Ce, G, Mu, Se, So, V)	<b>£7.95</b>
<b>Caprese salad</b> – GF Buffalo mozzarella, plum tomato & balsamic glaze (Mi, V)	<b>£8.95</b>
<b>Duck Spring Rolls</b> hoisin sauce, dressed salad (G, Se)	<b>£7.95</b>
<b>Cauliflower Wings</b> Asian BBQ sauce, Super-Beet Kimchi (So, G, V, Vg)	<b>£7.95</b>
<b>Mozzarella Sticks</b> salsa dip (G, Mi, V)	<b>£3.95</b>

## Allergens

Dishes are prepared in our kitchens where all types of ingredients are used. Whilst care is taken, the use of shared equipment means we can't guarantee that your food and drink will be entirely free from allergen contact.

Celery - Ce, Crustaceans - Cr, Eggs - E, Fish - F, Gluten - G, Lupin - Lu, Milk - Mi, Molluscs - Mo, Mustard - Mu, Nuts - N, Peanut - Pnut, Sesame Seeds - Se, Soya - So, Sulphur Dioxide - Sd

Vegetarian – V, Vegan - Vg, Gluten Free - GF

## Mains

<b>Pan Seared Fish of the Day</b> – GF sauteed potatoes, savoy cabbage, lemon butter sauce, crispy kale (Ce, F, Mi, Sd)	<b>£18.95</b>
<b>Roast Chicken Breast</b> – GF option available bacon wrapped chicken, haggis bon bon, creamed potatoes, peppercorn sauce (Ce, E, G, Mi, Sd)	<b>£18.95</b>
<b>Scottish Sirloin Steak</b> – GF mushroom, roasted tomato, chunky chips, peppercorn sauce (Ce, Mi, Sd)	<b>£28.95</b>
<b>Pork Belly</b> – GF option available tender stem broccoli, diced new potatoes, mixed vegetables, red wine jus (G, Mi, Sd)	<b>£21.95</b>
<b>Steak &amp; Ale Pie</b> creamed potatoes, seasonal vegetables, puff pastry, rich gravy (Ce, E, G, Mi, Sd)	<b>£18.95</b>
<b>North Sea Battered Haddock</b> – GF chips, peas, lemon, house tartare sauce (E, F, Mu, Sd)	<b>£17.95</b>
<b>Arrabbiata Pasta</b> roasted tomato, arrabbiata sauce with a hint of chilli (Ce, G, Sd, Vg, V)	<b>£16.95</b>
<b>Mushroom Risotto &amp; Spinach</b> – GF garlic sauteed mushroom, wilted spinach, basil dressing (Ce, Sd, Mi, V)(vegan option available)	<b>£17.95</b>
<b>Cajun Chicken or Beef Burger</b> cheddar cheese, bacon, salad, coleslaw & chips (E, G, Mi, Mu)	<b>£17.95</b>
<b>Spiced Bean Burger</b> vegan cheddar cheese, salad, chips & relish (Ce, G, Sd, V, Vg)	<b>£16.95</b>

## Sides

<b>Mixed Salad</b> - GF	<b>£3.95</b>
<b>Chunky Chips</b> - GF	<b>£3.95</b>
<b>Tempura Onion Rings</b> - GF	<b>£3.95</b>
<b>Sweet Potato Fries</b> - GF	<b>£4.95</b>
<b>Calamari</b> lemon aioli (E, Mo, Mu, G)	<b>£4.95</b>