

Beauty Maintenance

Waxing For Her

Upper Lip or Chin	£7.00
Forearms or Eyebrows	£15.00
Half Leg	£15.00
Full Leg	£30.00
Underarm or Bikini Line	£10.00

Waxing For Him

Forearms or Eyebrows	£20.00
Chest or Back Wax	£30.00

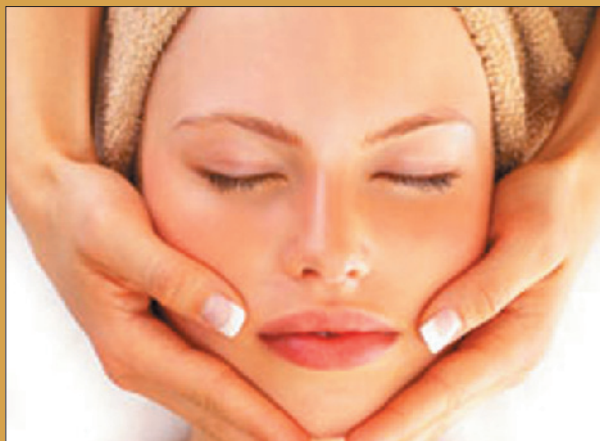
Eye Care

Tints	
Eyebrows	£15.00*
Eyelash	£15.00*

* please note a test patch must be performed at least 24 hours prior to treatment. Please arrange this at time of booking.

Using the Aromatherapy skin and body care range of

Eve Taylor



Beauty and Complementary Treatments at Moness Resort Aberfeldy

Our team of qualified and experienced therapists will be delighted to enhance your holiday at Moness with a relaxing treatment of your choice.

Please contact reception on "0" whilst on resort or call Moness Resort directly on 01887 822100 or email spa@monesspgl.com to book your appointment.



Please arrive 10 minutes prior to the treatment time at the main hotel reception. Please inform us of any medical conditions that may affect your treatment and in particular any nut allergies. A minimum of 24 hours notice is required for all cancellations to avoid cancellation charges.

www.moness.com

Moness Resort
Crieff Road, Aberfeldy, Perthshire PH15 2DY



Moness Spa

Complete Facial Treatments

Mini Facial (30 mins) £30.00
Gentle cleanse, tone and moisturise. Includes massage of face and shoulders.

Full Facial Treatment (1 hr) £50.00
Gentle cleanse, exfoliation and moisturise will rebalance and boost the skin. Includes massage of face, neck and shoulders.

Hot Stones Facial (1 hr) £55.00
The ultimate in relaxation and circulatory boosting facial, with a simple cleanse, tone and moisturise routine followed by a fantastic hot stones facial massage - let the power of the geo-thermo-therapy boost the circulation and relax facial muscles to a deeper level.

Gents Facial Treatment (1 hr) £50.00
Designed to target shaving bumps and irritation, tired and fatigued skin. Includes face, neck & shoulder massage.



Complementary Therapies

Full Body Massage (1 hr) £55.00
The classic full body Swedish massage to relax, relieve tension and ease aches and pains in tired, overworked muscles.

Back, Neck & Shoulder Massage (30 mins) £35.00
As above but concentrated in the area where most people carry stress and tension.



Full Body Hot Stones Massage (1 hr) £60.00
The body is massaged using a combination of hands and hot basalt stones. Let the power of geo-thermo-therapy take you to a new level of relaxation.

Full Body Aromatic Massage (1 hr) £60.00
This aromatic massage uses essential oils to ease away the stresses of everyday life. This soothing treatment will leave you feeling relaxed, rejuvenated and re-energised.

Indian Head Massage (1 hr) £45.00
Traditional scalp, neck & shoulder massage. A lovely, gentle, soothing and relaxing treatment.

Reflexology (1 hr) £45.00
An ancient therapy which uses the feet as maps of the organs of the body. Working on reflex points, the body's own self-healing powers are stimulated.

Gorgeous Hands and Feet

The Moness Spa offers manicures and pedicures using the vibrant and long-lasting Essie range



Deluxe Manicure (45 mins) £35.00
Nails are filed and shaped, cuticles are groomed followed by an exfoliation of the hand and arm. A relaxing pressure point hand and arm massage. Polish of your choice.

Luxury Pedicure (40 mins) £35.00
All toenails filed and shape, cuticle grooming, foot soak, half leg and exfoliation and massage, foot buffing and polish of your choice.

The Fabulous Mani-Pedi (1hr 10 mins) £55.00
This combines the Deluxe Manicure and Ultimate Pedicure.

File and Polish (30 mins) £25.00
Nails are shaped and a simple splash of colour of your choice added to enhance your stay.

